



Good Shepherd
Community Care



SOUTH COVE MANOR
AT QUINCY POINT

South Cove Manor at Quincy Point 中華頤養院 and
Good Shepherd Community Care 牧愛社區服務
Alzheimer's and Dementia Support Group

認知障礙及腦退化關懷小組

288 Washington Street, Quincy, MA

*meeting will be held in the Lobby Conference Room

Seniors, caregivers and families of
individuals with Alzheimer's Disease and dementia
are welcome!

歡近老人，病人家屬及護理人員參加。

Join us the second Friday of each month from 5:00 PM to 6:30 PM 每月第二個星期五,黃昏五時至六時半。

Jan 11 一月十一日

What are the Early Signs of Dementia? 認識認知障礙及腦退化(俗語:老年癡呆症)的早期跡象

Feb 8 二月八日

Why Is She Acting This Way? Learning the Language of Your Loved One 為什麼她有這樣的行為? 學習您的致愛的身體語言

Mar 8 三月八日

First This, Then That: The positive relationship between routine and dementia 首先,然後:規律與腦退化的正面影響

Apr 12 四月十二日

Caring for yourself - Integrating mindfulness into your stressful life 關懷自己:將心靈呼吸正念療法融入您的緊張生活

May 10 五月十日

To resuscitate or not: What does it mean to make a difficult decision for your loved one? 搶救不搶救:如何為致愛作出艱難的決擇

Jun 14 六月十四日

The 'H' Word: Five Things to Know About Hospice 安寧:安寧關懷服務要知道的五件事

RSVP contact:

Cydney Dang, LSW, Social Worker

Cydney.dang@southcovemanor.org

(617) 237-3624