

**The Who:** HEART*play* and Camp Erin Boston support Massachusetts children, teens, and young adults of all abilities and their families who have experienced the death of an important person in their lives.



- Since 2013, Camp Erin Boston has hosted **11 camp sessions**, supporting more than **600 children & teens and their families** with the support of up to **150 dedicated volunteers per camp session**.
- HEART*play* has supported MA families coping with the life limiting illness and/or death of an important person for over 25 years. In 2022, HEART*play* supported approximately 200 families.

**The What:** All services offered at **NO COST** to all families.

- HEARTplay provides home visits, family support, peer support groups, concurrent adult caregiver support, one time events and workshops.
- Camp Erin Boston provides camp experiences and pre/post camp continuum of care.



<u>The How:</u> HEART*play* and Camp Erin Boston aim to address **social-emotional** and **practical needs** of families who are grieving through:

- Trauma-Informed programming
- Expressive arts therapies and creative approaches
- Staff of Licensed Mental Health Counselors and Expressive Arts Therapists
- Provision of food at all groups and programs
- Online and in person programs to increase access
- Programs and services designed to be inclusive of people of all abilities





- 1 in 14 children & teens in MA will experience the death of a parent or sibling before age 18 (CBEM).
- We have seen a steady increase in substance use related deaths in our programs. In 2022, 50% of Camp Erin Boston campers were grieving a death due to substance use. This is an increase from 10% in 2013.
  - 49% of 2022 Camp Erin Boston campers qualify for free school lunch.



## From Our Participants:

"Camp Erin helped me because now I know that I am never alone and someone will always have my back."

- Camper, age 12
- "I love Camp Erin because it reminds me how brave and strong I am."
- Camper, age 10





